

| Standard Code | Standards |
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| EL3-PE-FM-BMG.01.00.0 | Demonstrate basic inverted balances (e.g. tripod feet related balances-when mats are available). |
| EL3-PE-FM-DG.01.00.0 | Apply fundamental and specialized skills in head-up games. |
| EL3-PE-FM-DG.01.00.0 | Identify appropriate cooperative social and teamwork skills while participating in game situations. |
| EL3-PE-FM-MC.01.00.0 | Demonstrate a combination of movement concepts while performing various skills (e.g. skipping while dribbling a ball in a curved pathway in general space). |
| EL3-PE-FM-MS.01.00.0 | Demonstrate critical elements for manipulative skills (e.g. step forward, opposite foot, are position, step and follow through). |
| EL3-PE-PF-BS.01.00.0 | Show on the body a few of the major bones (e.g. patella, ribs, phalanges, femur). |
| EL3-PE-PF-FP.01.00.0 | Describe how the body responds to moderately vigorous physical activity (e.g. heart has to beat faster to meet blood supply demands). |
| EL3-PE-PF-HRSR.01.00.0 | Recognize the components of health-related fitness (cardio respiratory endurance, muscular strength and endurance, flexibility). |
| EL3-PE-PF-W.01.00.0 | Identify benefits of regular participation in a variety of activities (e.g. stress management, weight control). |
| EL3-PE-PSB-PSR.01.00.0 | Demonstrate respect for all students regardless of individual differences in skills and abilities. |
| EL3-PE-RD-C.01.00.0 | Demonstrates ability to interpret and move to a variety of music (e.g. fluid and smooth movements, strong and intense movements). |
| EL3-PE-RD-ER.01.00.0 | Define and differentiate between tempo and beat. |
| EL3-PE-RD-FD.01.00.0 | Demonstrate simple step patterns (e.g. step-together, step-touch) and scattered formations in dance |
| EL3-PE-RD-FD.02.00.0 | Demonstrates simple dance mixers (changing pattern). |
| EL3-PE-RD-RA.01.00.0 | Demonstrates rhythmic routines using fundamental movement skills and/or a manipulative (e.g. teacher-directed routines using streamers). |
| EL3-PE-SS-ST.01.00.0 | Demonstrates a variety of sport specific head-up games. |
| EL3-PE-SS-ST.02.00.0 | Demonstrates proper techniques for a variety of fundamental skills while practicing with a partner (e.g. realizes there was too much force when a ball was overthrown). |