

Standard Code	Standards
EL4-PE-FM-DG.01.00.0	Apply fundamental and specialized skills in game situation.
EL4-PE-FM-MC.01.00.0	Identify body parts and functions in relationships to movement.
EL4-PE-FM-MS.01.00.0	Demonstrate locomotor, non-locomotor, and manipulative skill combinations during skill drills (i.e. throw to a partner, catch a ball) HPEA
EL4-PE-PF-BS.01.00.0	Recognize what systems work together to help your body move (i.e. muscular, skeletal).
EL4-PE-PF-FP.01.00.0	Identify difference between anaerobic and aerobic.
EL4-PE-PF-HRSR.01.00.0	Name components of health related fitness (i.e. cardio-respiratory, endurance, muscular strength).
EL4-PE-PF-HRSR.02.00.0	Set personal goals for fitness
EL4-PE-PF-W.01.00.0	Identify food choices as healthy or unhealthy.
EL4-PE-PSB-PSR.01.00.0	Apply age-appropriate rules and procedures to activities
EL4-PE-PSB-PSR.02.00.0	Identify safe and unsafe situations in sport and fitness related activities.
EL4-PE-RD-ER.01.00.0	Define and differentiate between tempo and beat.
EL4-PE-RD-FD.01.00.0	Demonstrate step patterns (i.e. do-si-do, partner steps).
EL4-PE-RD-RA.01.00.0	Demonstrate movement patterns with different tempos and locomotor skills.
EL4-PE-SS-IDTS.01.00.0	Extension of skills related to individual and team sports strategies (i.e. 3 on 3 basketball, short-court volleyball).
EL4-PE-SS-ST.01.00.0	Identify the proper techniques of specialized (i.e. laws of opposition).