Standard Code	Standards
MS6-PE-FM-BMV.01.00.0	Apply mechanical principles of force, stability, motion, and direction (e.g. lower the center of gravity).
MS6-PE-FM-DG.01.00.0	Apply fundamental and sequential skills in game situations.
MS6-PE-FM-MC.01.00.0	Identify critical elements to improve performance in selected skills (e.g. throw objects).
MS6-PE-PF-FP.01.00.0	Describe target heart rate as it relates to cardio-respiratory endurance.
MS6-PE-PF-HRSR.01.00.0	Identify activities that develop skill related fitness.
MS6-PE-PF-P.01.00.0	Identify and describe reasons for using proper warm-up/cool-down stretching, and appropriate attire in a physical activity setting.
MS6-PE-PF-W.01.00.0	Evaluate decision-making behaviors as they affect wellness.
MS6-PE-PSB-PSR.01.00.0	Explain how rules, safety, and etiquette are important concepts in physical activity setting.
MS6-PE-RD-RA.01.00.0	Describe the benefits of dance as a lifeline activity as it relates to fitness (e.g. flexibility, muscle coordination). (varied)
MS6-PE-SS-IDTS.01.00.0	Identify terminology, list rules and safety principles appropriate for individual dual, and team sports.
MS6-PE-SS-IDTS.02.00.0	Demonstrate basic competence in a variety of individual, dual, and team sports.
MS6-PE-SS-OP.01.00.0	Define terminology, list rules and safety principles appropriate for outdoor pursuits and recreational activities (e.g. table tennis, orienteering).
MS6-PE-SS-OP.02.00.0	Demonstrate basic competence in a variety of outdoor pursuits and recreational activities.
MS6-PE-SS-SA.01.00.0	Define terminology, list rules and safety principles appropriate for specialized activities included in the instructional program.
MS6-PE-SS-ST.01.00.0	Demonstrate skills successfully in modified games of increased complexity.