

Standard Code	Standards
<b>MS8-PE-FM-BMV.01.00.0</b>	<b>Analyze selected skills.</b>
<b>MS8-PE-PF-HRSR.01.00.0</b>	<b>Use the concepts of health-related and skill related fitness to connect the benefits each offers to the development of total fitness.</b>
<b>MS8-PE-PF-W.01.00.0</b>	<b>Identify a variety of specific activities designed to reduce and manage stress (e.g. aerobics, Pilates, deep breathing, muscle relaxation).</b>
<b>MS8-PE-PSB-PSR.01.00.0</b>	<b>Demonstrate the ability to solve problems by analyzing causes and potential solutions in a physical activity setting (e.g. conflict resolution skills).</b>
<b>MS8-PE-RD-C.01.00.0</b>	<b>Analyze the creative and aesthetic aspects of a dance pattern (e.g. direction, time, flow, and energy).</b>
<b>MS8-PE-SS-IDTS.01.00.0</b>	<b>Analyze play of their opponent, and apply defensive and offensive techniques.</b>
<b>MS8-PE-SS-IDTS.02.00.0</b>	<b>Explain sport's history.</b>
<b>MS8-PE-SS-IDTS.03.00.0</b>	<b>Demonstrate an increased level of competence in skills, techniques, scoring, and safety practices in a variety of individual, dual, and team sports.</b>
<b>MS8-PE-SS-OP.01.00.0</b>	<b>Demonstrate an increased level of competence in a variety of outdoor pursuits or recreational activities.</b>
<b>MS8-PE-SS-SA.01.00.0</b>	<b>Demonstrate an intermediate level of competence in a variety of physical activities.</b>
<b>MS8-PE-SS-SA.02.00.0</b>	<b>Apply skill techniques in scoring and safety practices in a modified activity setting.</b>
<b>MS8-PE-SS-ST.01.00.0</b>	<b>Analyze selected skills and correct errors to improve games and increase complexity.</b>