

Standard Code	Standards
EL3-HL.HPD.01.00.0	Describe the possible impact of touching another person's blood or other bodily fluid
EL3-HL.HPD.02.00.0	Describe how personal health is enhanced by behaviors (skin care, hair, eyes, nose, ears, and nails)
EL3-HL.HPD.03.00.0	Explain the importance personal health (self-esteem, disease prevention)
EL3-HL.HPD.04.00.0	Define the 3 major types of germs (bacteria, virus, fungi)
EL3-HL.HLB.01.00.0	Identify the six essential nutrients and their functions (carbohydrates, protein, fats, vitamins, minerals, water)
EL3-HL.HLB.02.00.0	Explain the benefit of eating a variety of foods from all food groups and the importance of eating breakfast
EL3-HL.HLB.03.00.0	Describe how a healthy diet and physical activity contribute to physical wellness
EL3-HL.GSD.01.00.0	Describe the five steps of the decision making process: 1. What is the problem? 2. What are my choices? 3. What are the pros and cons of each choice? 4. How important are the consequences of each choice? 5. Which is the best choice?
EL3-HL.HIS.01.00.0	Explain where to find the nutrition facts on food labels
EL3-HL.HIS.02.00.0	Identify different types of pollution and how they affect one's health (noise, water, air, land)
EL3-HL.HIS.03.00.0	Produce a plan that recognizes emergency and non-emergency situations (should I call 911?)
EL3-HL.CMT.01.00.0	Describe how food ads affect what we buy and consume
EL3-HL.C.01.00.0	Identify bullying and harassment and list acts of each (e.g., excluding from group, teasing, inflicting physical/emotional harm)
EL3-HL.AD.01.00.0	Describe healthy activities and coping strategies to deal with uncomfortable feelings and emotions (e.g., ask a trusted adult, make a plan of action, exercise, speak up)