

Standard Code	Standards
HS-HL.HPD.01.00.0	Develop strategies for wellness that are common to each stage of an individual's life
HS-HL.HPD.02.00.0	Analyze how non-communicable and chronic illness affect individuals, families, and society
HS-HL.HPD.03.00.0	Analyze the impact that communicable, contagious illnesses have on individuals, families, and society
HS-HL.HLB.01.00.0	Identify positive strategies for managing stress
HS-HL.HLB.02.00.0	List consequences resulting from drug use, non-use, misuse, and abuse
HS-HL.HLB.03.00.0	Identify the six essential nutrients and their importance to nutritional health
HS-HL.HLB.04.00.0	Compare and contrast the benefits and consequences of healthy/unhealthy nutritional choices
HS-HL.GSD.01.00.0	List practices that preserve and enhance safety and health of others (conflict resolution, peer mediation, seeking adult or professional consultation, stress management, goal setting, decision making, assertive behavior, and resisting peer pressure).
HS-HL.GSD.02.00.0	Create a plan using life management skills to address personal and social concerns that are part of daily living.
HS-HL.HIS.01.00.0	Compare present environmental health problems to past environmental health problems and develop strategies to reduce or correct these problems for the future (destruction of the ozone layer, asbestos, second hand smoke, global warming)
HS-HL.HIS.02.00.0	Describe why it is important to become a health advocate for the preservation of the environment.
HS-HL.HIS.03.00.0	List individual and/or environmental agencies that have a major responsibility for providing assistance to people for their health
HS-HL.CMT.01.00.0	Analyze the health claims that the media makes and their impact on the six dimensions of wellness
HS-HL.CMT.02.00.0	List careers that exist in health related fields.
HS-HL.CMT.03.00.0	Using technology available, examine scenarios that promote positive outcomes to realistic health problems or issues.
HS-HL.C.01.00.0	Build strategies to create and support a safe and caring school environment.
HS-HL.C.02.00.0	Identify and know the difference between an "I" message, "you" message and mixed messaging and pros and cons to all three
HS-HL.C.03.00.0	Outline strategies to prevent, manage, or report social problems related to abuse, exploitation, harassment, or bullying.
HS-HL.AD.01.00.0	Analyze the reliability of health care information (internet, personal health history, family health history, medications, and personal health records)
HS-HL.AD.02.00.0	Devise a plan that combines personal, family, and community health habits that is in keeping with the teachings of the Catholic faith to fulfill your personal potential.